Hair Restoration Brochure

Get Your Confidence Back By Hair Transplant

Dr. Kavish Chouhan
MD Dermatology (AIIMS), MISHRS(USA)
+918888861092
kavish_chouhan@yahoo.com

Dr. Amrendra Kumar
MD Dermatology (AIIMS), MISHRS(USA)
+918588861091
dr.amrendra07@gmail.com
Q. What causes Hair loss?

- Most common cause of hair loss in males is hereditary androgenetic alopecia (male pattern baldness). The presence of the hormone, dihydrotestosterone (DHT), in a genetically susceptible man is necessary for this problem to occur.

- In females, diffuse hair loss with thinning is more common which may be due to genetic factors, thyroid disease, iron deficiency, stress or less commonly due to high fever, surgery or general anesthesia, “crash diets,” childbirth.

- In androgenetic alopecia hairs on the front and top of the scalp start to shrink until it eventually disappear. The hairs on the back and side of scalp are genetically “permanent” hair, not affected by DHT. These permanent hairs are utilized in hair transplantation.

Q. What can be done about male pattern hair loss?

- **Hair transplantation** offers a permanent, living solution to lost scalp hair.

- Effective medical treatments are now offered in the form of a pill (finasteride) and a topical liquid (minoxidil). They require life-long treatment to maintain their effect.

- **Platelet Rich Plasma (PRP) therapy & A-Cell** is a novel treatment to treat hair fall and ageing skin.

- Cosmetic enhancers and hairpieces (wigs, weaving etc.) can help to camouflage baldness temporarily. They do not treat the hair loss process.

Q. What is PRP therapy?

- In Platelet Rich Plasma (PRP) therapy a concentrated solution of growth factors derived from patient's own blood is injected into the affected area.

- DERMACLINIX is amongst the pioneers of this treatment in INDIA.

- We prepare PRP with a specialized technique ensuring very high concentration of growth factors which is confirmed by advanced lab tests.

- The results are visible in 6-8 weeks with reduction in hair fall and gradually hair thickness increases in next few months. We now prefer to combine hair transplantation with PRP to achieve best results.

- When used for skin rejuvenation results are visible in 4-6 weeks with improvement in skin texture and pigmentation.

Q. What is hair transplantation?

- Hair transplantation involves harvesting permanent hair-bearing skin from the back and / or sides of the scalp (donor area) by cutting out a strip (FUT=FOLLICULAR UNIT TRANSPLANTATION/STRIP METHOD) or by directly removing individual follicular units using special equipment's (FUE=FOLLICULAR UNIT EXTRACTION).

- We believe that FUE is a much better choice because of the following points.
### How is BIOSTIMULATED FUE at DERMACLINIX superior to Strip method?

<table>
<thead>
<tr>
<th>Observation</th>
<th>Fut/Strip</th>
<th>BIOSTIMULATED FUE at DERMACLINIX</th>
</tr>
</thead>
<tbody>
<tr>
<td>Improvement in Existing hairs</td>
<td>No</td>
<td>Yes</td>
</tr>
<tr>
<td>Direct growth of transplanted hairs</td>
<td>1-10%</td>
<td>25-40%</td>
</tr>
<tr>
<td>Full growth of transplanted Hairs</td>
<td>12-15 Months</td>
<td>8-10 Months</td>
</tr>
<tr>
<td>Pain after procedure</td>
<td>Yes (Minor to Medium)</td>
<td>Almost none, mild heaviness may be there</td>
</tr>
<tr>
<td>Percent of time doctor operates on client</td>
<td>10-30%</td>
<td>70-90%</td>
</tr>
<tr>
<td>Stitches required</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>Wearing hairstyle short in donor area</td>
<td>Linear Scar will be visible</td>
<td>NO VISIBLE SCARS</td>
</tr>
<tr>
<td>Nerve damage, numbness, permanent pain</td>
<td>Possibility</td>
<td>No</td>
</tr>
<tr>
<td>Healing time: donor area</td>
<td>1-2 months</td>
<td>7-10 Days</td>
</tr>
<tr>
<td>Time before exercise is possible</td>
<td>~2 months</td>
<td>2-3 Days</td>
</tr>
<tr>
<td>Time before client may return to work</td>
<td>1-4 weeks</td>
<td>Possibly the day after</td>
</tr>
</tbody>
</table>

1. **Follicular unit (FU) scoring by cole's 0.8mm punch**
2. **FU/Graft extraction**
3. **FU/Graft in aBio-enriched sol**
4. **Direct implantation of FU/graft**
5. **FU/graft enriched with PRP-Acell (Biostimulation)**
6. **Early and better results**
Q. Who can benefit from hair restoration surgery?

- Anyone who has experienced permanent hair loss may be a candidate for hair restoration surgery, including:
  - Male and Female patterned baldness
  - Men or women who want to restore or change the shape of their hairline
  - People with areas of scarring from injuries or “scarring” skin diseases, and also patients who experienced some hair loss after surgery, such as face lift procedures
  - People who want to thicken or restore eyebrows, eyelashes, beards, pubic hairs

Q. What is Bio-stimulated FUE (Advanced FUE)?

- DERMACLINIX are the pioneers of BIOSTIMULATED FUE technique which is now widely being followed by hair transplant centers around the world.

- It comprises of hair transplantation by FUE along with 3 sessions of Platelet rich plasma therapy which simultaneously enhance residual hairs as well as transplanted hairs by presence of high concentration of growth factors directly near the hair roots and stimulation of STEM CELLS.

Q. What are the advantages of bio stimulation in hair transplantation?

1. To preserve and enhance hair follicle viability during and after hair transplantation;
2. To promote and enhance tissue repair and healing after hair transplantation; and,
3. To reinvigorate dormant hair follicles and stimulate new hair growth.

Q. How many Hairs/Follicular units are required?

- This assessment is based on the area to be transplanted and the eventual hair density required. In most case we keep hair density of 35-45FU/cm2. A rough estimate is given below (in red) in terms of follicular units. Kindly note each FU contains 2-3 hairs.

Q. What happens during a hair transplant procedure?

- Hair transplantation is a minor out-patient surgery that requires 4–12 hours and are usually performed under local anesthesia. No dietary restrictions are required.

- We at DERMACLINIX now perform hair transplantation by BIOSTIMULATE Follicular Unit Extraction (FUE) technique which involves direct removal of individual follicular units (each contains 1-4 hairs) with the help of specialized equipment. As no cutting and suturing is required in this method the cosmetic results are excellent in the donor area with NO visible scarring.

- These small grafts are then meticulously planted into the bald or thinning area of the scalp (recipient area) maintaining same angle as the other hairs present.
Q. What happens after hair transplant surgery?

- Within 24 hours small crusts will form on each graft that is then shed in approximately 2-3 weeks. The grafted hairs will often start to grow by 2-4 months and full results are achieved at ~1 year after the procedure.
- A minority of patients may experience mild swelling in the forehead area for a few days following surgery which goes away in 3–4 days.
- Patients may be asked to use moist compresses or sprays and to sleep in a semi-upright position for 2–3 days following the procedure to minimize swelling.

Q. When should I start treatment?

- We recommend beginning medical treatment/PRP for significant hair loss as soon as the problem has been identified.
- Hair transplants can be used to fill in the front hairline and thicken the front half of the scalp, and medical treatment/PRP can be used to maintain hair behind the transplant.

Services available at DERMACLINIX:

- Treatment of skin, hair, nail and sexually transmitted diseases.
- Hair Transplantation (Permanent) by world’s most advanced powered FUE technique (Scarless).
- Painless Laser Hair removal by world’s leading Diode (Soprano) laser with SHR technology.
- Laser treatment for pigmentation, tattoo, scars, facial rejuvenation, nail fungus.
- Vitiligo (Leucoderma) Surgery by melanocyte suspension, SBG, BHT etc.
- Botox and Fillers, Anti- aging treatment, Dermaroller, Microdermabrasion (skin polishing).
- Chemical peeling for pigmentation, under eye dark circles, facial rejuvenation, acne.
- Platelet rich plasma (PRP) therapy for hair stimulation and skin rejuvenation.

**HAMILTON-NORWOOD CLASSIFICATION FOR MHPL**

[Diagram of different hair loss stages]

**NOTE:** This is just a rough estimate, actual requirement in your case might vary from this. Kindly consult your doctor for final estimate.
Hair Transplantation Results with Biostimulated FUE

Clinic Address:

South Delhi:
D-9 Ground floor, Green Park Main,
New Delhi : 110016
Metro Station : Green Park,
Ph. No. : +91 11 65457778

West Delhi:
B2-A/2, Janakpuri, (Opp. Pillar No. 540)
New Delhi : 110058
Metro Station : Janakpuri East,
Ph. No. : +91 11 65457779

Indore:
C2, HIG Main Road,
RSS Nagar, (Opp. Christian Eminent), 452008

Dhar:
Chouhan Hospital,
18 Tilak Marg, 454001

Ranchi:
Shanti skin clinic
Hinoo chowk, near HDFC bank, ranchi

FOR APPOINTMENT CONTACT
DELHI: +918882227080, +917838573377, 011-65457778
INDORE: +918109196979, +919826962661,
DHAR:+917566031447, 07292-222521
www.dermaclinix.in
About Us

Dermaclinix is a one stop solution for all your skin and hair problems where you can be assured of genuine advice with highest standards of care and ethical values. Our doctors have received their training at the apex institute of India i.e. AIIMS (All India Institute of Medical Sciences, Delhi) and Safdarjung Hospital. We offer the most advanced technologies for diagnosis and treatment of all varieties of diseases involving the Skin, Hair & Nail

We are the pioneers of PRP-A cell treatment for hair stimulation and body hair transplantation for Vitiligo in INDIA.

**Dr. Kavish Chouhan & Dr. Amrendra Kumar** are the Founder & Co-Director’s of DERMACLINIX. They both have experience of successfully performing >1000FUE hair transplant procedures of clients across the globe including celebrities.

### Dr. Kavish Chouhan

Dr. Kavish Chouhan is considered amongst the best dermatologist and hair transplant surgeon in INDIA. He has done his MD in Dermatology from the prestigious All India Institute of Medical Sciences (AIIMS), DELHI.

He was amongst very few Indian Faculties who were invited to take lecture in the prestigious ISHRS (International society of hair restoration surgery) 2013 Meet in San Francisco, USA on “HAIR TRANSPLANTATION BY GIGA SESSION (>3500 FU) FUE”. Dr. Kavish chouhan is a qualified physician member of ISHRS since 2010.

He has also presented his work as invited faculty in various national & international conferences like Cuticon-DELHI, 2014, AAHRS/HAIRCON 2013, Pigmentricon 2013, World congress of dermatology 2010 in South Korea, DERMACON 2012 etc.

He has publication in several indexed journals like Lancet, British Journal of Dermatology (BJD) etc. He has published the world’s first case of “Body Hair Transplantation in Vitiligo” in JCAS 2013. He has been awarded “Best young dermatologist” in CUTICON 2010, DELHI.

### Dr. Amrendra Kumar

Dr. Amrendra Kumar has done his MD in Dermatology from the prestigious All India Institute of Medical Sciences (AIIMS), DELHI. He is a reknowned expert in doing Giga session Hair transplantation with FUE method and specializes in body hair transplantation.

He is amongst pioneers of PRP-Acell treatment for hair stimulation in INDIA

He has publication in several indexed journals like IJDVL, JCAS etc.

He has also presented his work as invited faculty in various national & international conferences like world congress of hair research, Korea, 2014 etc.

### Dr. Jyoti Gupta

Dr Jyoti Gupta is a Consultant dermatologist in Dermaclinix. She has done MBBS with distinction from Vardhaman Mahavir Medical College & Safdarjung Hospital and is a Gold Medalist in MD Dermatology from the same hospital. She has received prize for best poster (Dr Manu Patel memorial award, Dermacon 2012), best paper (dermacon 2013), best team (IADVL-GSK Quiz cuticon 2012), best student (north zone, TYSA 2012).

She has represented her alma mater in various national and international conferences for various quizzes, posters and oral presentations. She was the coordinator and facilitator in various national and international conferences (Aesthetics, ISDS-ACSICON).
Testimonials

It was an amazing experience to come to INDIA for getting my Hair transplant done at DERMACLINIX by Dr. Amrendra. I am thrilled to see my new hairs growing. My whole stay here including airport transfers, hotel stay and the procedure was made quite comfortable by the DERMACLINIX staff so much so that I felt like a VIP. The pricing was atleast 5 times cheaper in comparison to Australia. Doing FUE hair transplant in advanced baldness is a very tough task but to my surprise the doctor made it so comfortable and virtually painless. I would strongly recommend DERMACLINIX for FUE Hair transplants.

**Procedure details**

<table>
<thead>
<tr>
<th>Grade of Baldness</th>
<th>7</th>
</tr>
</thead>
<tbody>
<tr>
<td>No. of follicular units</td>
<td>5000 FU</td>
</tr>
</tbody>
</table>

**Mr. Jason Lee White**  
Ex-Australian Army  
Australia

I am thankful to DERMACLINIX & Dr.Kavish chouhan for changing my life. Now I look 20 years younger. My friends and relatives were unable to recognize me after the transplant they all feel now I look young and smart. I didn’t expected results to be as good just at 6 months thanks to advanced biostimulated FUE. I feel very confident now with this new look.

**Procedure details**

<table>
<thead>
<tr>
<th>Grade of lBaldness</th>
<th>Norwood 6-7</th>
</tr>
</thead>
<tbody>
<tr>
<td>No. of follicular units</td>
<td>4500 FU (3300 Scalp Fu, 1200 Bead FU)</td>
</tr>
</tbody>
</table>

**Mr. Vishal Paswan**  
Businessman, 29Y  
Roorkee, INDIA